



DELTA KAPPA

The Official Newsletter of The Lambda Chapter

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Thank You To Our Donors

Dr. Karin Jordan

Dr. Rikki Patton

Ulia Fisher

Noelle Chapelle-Zamuido



Letter from the President

Welcome back to Spring semester! This is an exciting semester thus far as we have already accomplished a canned food drive, brownbag, and social. We are ecstatic to welcome everyone back this semester! We have many exciting events coming up including more brownbags, a workshop featuring a prominent speaker, an Induction Ceremony, many socials, and more. We look forward to continuing to evolve this semester, have some fun, and get to know more of you. Stay tuned for what is to come!

Megan Vitek, Delta Kappa Lambda President

DELTA KAPPA LAMBDA's

First Brown Bag Social!!!

Dr. Jodie Skillicorn



**Board Certified Psychiatrist
Lecturing on the
*Holistic Treatment of Depression &
Other Common Mental Health Concerns***

**Thanks To All Who
Attended the Brown
Bag**

James Figley

Samantha Gordon

Michael Pennington

Jennifer Goerke

David Zsaldos

Lorin Calderon

LaSheena Doxley

Gabriella Brubaker

Lauren Young

Scott Haslam

Brianisha Smart

Joanne Holbert

Diane Smith

Robert Nijjar

Zina Petrov

Susan White

Deborah Novak

Chelsea Walton

Rikki Patton

Becca Boyle

David Tefteller

Michael Redd

Brittany Buescher

Please stay tuned for

DELTA KAPPA LAMBDA's

**Second Brown Bag
experience featuring:**

**Barb Medlock, RN, MSN
Portage Path Behavioral
Health
Support Hotline
Coordinator**

***Presenting on Suicide
Assessment and the
Zero Suicide Initiative***

Date TBD



DELTA KAPPA LAMBDA

T-shirts are still available and ***Spring Totes*** are coming!!!



T-shirts: ~~\$15~~ now only \$12

Spring Totes: \$20

-Package Deal-

***T-shirt & Tote for a DISCOUNT price of
\$30 instead of \$32!***

If you are interested please contact Rick Dawson to place your order.

Please include in your email:

Name, # of shirts, Size (youth sizes and larger sizes available upon request)

rsd24@zips.uakron.edu

DKL is on Twitter!!

Now we can more easily keep everyone up to date with all of the most recent news regarding DKL!

We will be posting about upcoming socials, workshops, BrownBag's, and much much more!

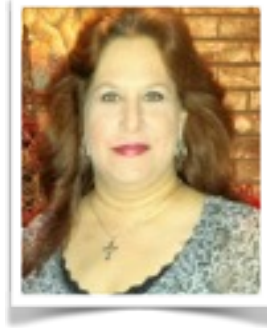
Please Follow us:



@DKLambda

Being a Mentor

By: Chantelle Saddic



I joined the Mentor experience with Delta Kappa because during my undergraduate program I was a mentor and I truly enjoyed helping new students with the struggles with college and all that comes with it. I was paired with a student who was new to the Akron University Marriage and Family Therapy Program and we texted one another to try and set up an initial meeting. From the very first meeting my mentee and I hit it off. I was able to answer so many of her questions and ease her into the program.

Over time we continued to meet and even with our busy schedules we manage to keep in touch and meet whenever we can. My mentee is an amazing young woman who has given me the special privilege of helping her through this tough and rewarding program. I know that when I first began I had tons of questions and often felt like I was so unprepared. I wished that when I was at these stages of the program, I would have had a mentor to help guide me. This was an amazing experience for me and I hope that my mentee feels the same. I will keep in touch with her and continue to help and guide her through this program every step of the way and even after she and I graduate. I highly recommend becoming a mentor as the experience of helping others is genuinely amazing, and I hope one day my mentee will want that same rewarding experience



Mentors

- **Rachel Bell**
- **Chelsea Martz**
- **Gina Vitullo**
- **Kay Metzler**

Mentee's

- **Haley Fickel**
- **Margaret Macho**
- **Beverly Davis**

Delta Kappa Lambda *presents*

Substance Use & Misuse: Expanding the Health Professional's Toolbox with SBIRT

Dr. Rikki Patton, Assistant Professor of the The School of Counseling at The University of Akron and faculty advisor of Delta Kappa Lambda, will teach this exciting workshop. Dr. Patton has numerous publications focused on substance use and misuse, and focuses her research, teaching, and clinical practice on addressing substance use issues.

This workshop will address attend to the following aims: 1) better understanding the prevalence and correlates of substance use and misuse, 2) learn about Screening, Brief Intervention, and Referral to Treatment (SBIRT), a public health model for addressing substance use and misuse; and 3) learn how to apply SBIRT principles to practice.

Workshop attendees will engage in various training experiences focused on SBIRT, including PowerPoint Presentation, group discussions, role-plays, and self-assessment

Award recipients: free

Poster presenter: \$20

Student members: \$30

Student non-members: \$40

Faculty members: \$50

Faculty non-members: \$60

Professionals seeking CEUs: \$75

*Group discounts: 3 or more; \$5.00 off
per person*

2016 Spring Workshop

Friday, March 18th, 2015

8am – 5 pm

Quaker Square, Akron, OH



Delta Kappa In The Community

As part of our commitment to advocacy each semester Delta Kappa participates in a service project. For the fall semester project we participated in the Holiday Food Drive at The Akron-Canton Regional Food Bank.



Through this program we were able to collect two full boxes of boxed cereal, peanut butter, canned tuna, canned vegetables, canned beef stew, and canned soups among other canned goods.

Stay tuned for information about upcoming service projects in the summer newsletter!!

DKL Social Events



Having a great time at the Brick House Tavern & Tap

Enjoying a great night at The Lockview WineBar



Working on Self-Care at Panera Bread



Save The Date!!!

Here is a list of what we have planned in the next couple of months.

Please stay tuned for more details to come

We hope to see you all there!

March 18th - DKL Social

April 1st - Brown Bag Training

